



Good Shepherd Home News

"Where Your Faith Can Find a Home"

725 Columbus Ave. Fostoria, OH 44830

Phone: 419-937-1801

May 2021

Volume 4 Issue 5



SUN MON TUE WED THUR FRI SAT

100 - 200 CALENDAR

Calendar grid with dates 1-31 and descriptions of daily activities such as Mass, Trivia, and Visitation.

Good Shepherd Home is proud to offer the following services to meet your needs: -Independent Living -Skilled Nursing -Rehabilitation -Memory Care -Home Care -SAIDO Learning -Short Term Specialist -Outpatient Therapy

A NOTE FROM OUR PARTNERS... Whenever a patient enters hospice, family caregivers may have questions about their loved one's care. But just as they are trying to be there for the person they love, family caregivers need encouragement, support, and compassion during this time as well. Ohio Living Hospice staff are pillars of support as families navigate a sudden shift in their reality - one that may come with different levels of grief, pain, worry, and overall sadness. While families may feel uncertain about what lies ahead, hospice teams can provide the right tools and resources for comfort and strength, so they don't feel alone in their journey.

- Provide emotional support
• Discuss end-of-life personal planning
• Offer tips on how to manage household tasks
• Encourage self-care practices
• Direct them to support services and resources

CHAPLAINCY UPDATES CHURCH SERVICES IN CHAPEL Services have been adjusted to meet COVID regulations. See Activities calendar for services days and times.



FAMILY TOWN HALL & UPDATE Family Town Hall Meetings are now being held via Zoom. Notification of the next meeting will be sent out via the IRIS system, or check our Facebook page for details.



Ph: 419-865-1499 www.ohioliving.org/home-health-Hospice



May 2021 Good Shepherd Home * 725 Columbus Ave Fostoria, Oh. 44830 (419-937-1801)



By Linda Gutierrez Activity Director

VOLUNTEER INFORMATION

By Cindy Swartz, Volunteer Coordinator

I can't believe it has been a whole year of this COVID virus. We miss our volunteers, Auxiliary members and families. We have started doing a few group activities such as bingo and hope to start our bowling group soon. With more and more people in the country getting vaccinated, we hope we will be able to all get together soon. At the present time, we have six of our volunteers that have been vaccinated and are being COVID tested twice weekly. These volunteers have been providing in room visits, helping escort families for visits and providing hand massages and manicures. Our local Historian and volunteer Leonard Skonecki has been doing weekly history programs. If you have been vaccinated and may be considering volunteering, please call Cindy Swartz, Volunteer Coordinator for the latest information on our current policies and procedures which are set forth from our Governor. For the last few months we have used the gift shop for our room visits and now we are anticipating the shop reopening soon. We hope everyone is doing well and we will see you again soon.

*Continuing the work of Jesus
Peacefully. Simply. Together.*



To our special volunteers:

Sometimes we seem so lucky,

Or maybe we're just blessed,

When there seems to be too much to do-

Along comes a volunteer like you!

You've made our days much brighter,

Our work a joy to share,

We know we'll always make it through-

As long as there's volunteers like you!

INTERESTING MOTHER'S DAY FACTS

Mother's Day is often associated with Mothering Sunday, a Christian holiday. They are not related to each other.

Mother's Day became a recognized holiday in 1914 in the United States.

Approximately 122 million phone calls are made to moms on Mother's Day in the United States.

In most countries and languages, the word for mother begins with 'm'.

The most common flower for Mother's Day is the carnation; pink and red for mothers who are alive and white for those who have passed away.

Of all the flowers bought for holidays, one quarter are purchased for Mother's Day.

The amount of money spent on Mother's Day in the U.S. is approximately \$14 billion.

Common gifts on Mother's Day include: flowers, dinner or lunch in a restaurant, jewelry, gift cards, clothing and treats such as a trip to a spa. Books, CDs, housewares and gardening tools are popular gifts as well.

Mother's Day is celebrated in close to 50 countries in different parts of the world.



WINE WANTED!

For this year's Good Samaritan Dinner & Auction (June 16th), we will be holding a Wine Grab and are in need of bottles of wine. If you have any you'd like to donate, please drop them off at the receptionist desk. Thank you for your support!



The Daybreak SAIDO Learning Center



419-937-9319

Monday - Friday 10am-2pm

daybreakslc@goodshepherdhome.com

SAIDO
Learning

HOPE for people living with Dementia



MAY NURSING WING ACTIVITIES:

The following are scheduled for the month:

Mondays:

1:30 Fitness w/ Eva in 200 Hall

Tuesdays:

8:30 Trivia Packets to Go

2:15-3p Bingo for 200 Hall Residents in the 200 DR

On Wednesdays:

9-11 Nails in rooms 200/100 Halls

2:15-3pm in 100 Hall Bingo for 100 Hall Residents

On Thursdays:

8:30 Range Of Motion To Go in rooms

2:30 Fitness in 100 Hall

Special Dates:

2nd 8:30 Crafts to Go on second Monday of the month.

9th Mother's Day Bags Delivery

9-15 Nat'l Nursing Home Week: "Together Through the Seasons"

17th Mindful Mondays w/ Eva 1:30p in 200 and 2:30p in 100 Hall

24th Share and Care meeting in 200 Hall

Rooms and at 10a in 100 Hall

31st Memorial Day: In Memory of Many, In Honor Of All.

DAILY ACTIVITY OPPORTUNITIES

TV in your room or in halls. Music in the halls, reading, word search, naps, talk on the phone, FaceTime

ALL CHURCH SERVICES on TV

Sundays: 8:00 and 12pm Catholic Service on TV-Channel 26. Protestant Services on TV Channel 7 at 9am.

Mondays: 1:30 Catholic Services 100 Hall

Tuesday: 1:30 Protestant Services in 100 Hall

Fridays: 1:15 Catholic Services and at 2:00 Protestant Services in 200 Hall

Note from Your Activity Director- Linda Gutierrez: Wear masks when outside your room or at an activity. Wash your hands and use hand sanitizer frequently!

Families can schedule inside visits with residents. Call 419-937-1801 to schedule an appointment.

A REMINDER THAT ACTIVITIES ARE SUBJECT TO CHANGE AT LAST MINUTE NOTICE. CHECK OUT OUR FACEBOOK OR CALL US FOR UPDATES AND CHANGES.



Spread the word! Our monthly newsletter is available to friends and family via email! If you or someone you know would like to receive our newsletter, please send the email address to: mbirch@goodshepherdhome.com